

# May 2023

## Johannesburg-Lewiston Area Schools

### Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>K-5 Cinnamon Toast Crunch Cereal* Kit</p> <p>6-12 Benefit Bars*</p>	<p><b>2</b></p> <p>K-5 Cinnamon Muffin* &amp; String Cheese Kit</p> <p>6-12 Cinnamon Rolls*</p>	<p><b>3</b></p> <p>K-5 Cinn. UBR* Kit</p> <p>6-12 Breakfast Sandwich*</p>	<p><b>4</b></p> <p>K-12 Cinni Mini Pull Apart*</p>	<p><b>5</b></p> <p>K-5 Lucky Charms Cereal* Kit</p> <p>6-12 UBR *</p>
<p><b>8</b></p> <p>K-5 Cinnamon Toast Crunch Cereal* Kit</p> <p>6-12 Frudels*</p>	<p><b>9</b></p> <p>Lew- Cinn. Toast Bar* &amp; GF Graham* Kit</p> <p>Jo K-5 Choco Muffin* &amp; String Cheese Kit</p> <p>6-12 Benefit Bars*</p>	<p><b>10</b></p> <p>K-5 Choc Chip UBR* Kit</p> <p>6-12 Breakfast Sandwich*</p>	<p><b>11</b></p> <p>K-12 Cinni Mini Pull Apart*</p>	<p><b>12</b></p> <p>K-5 Lucky Charms Cereal* Kit</p> <p>6-12 Donut Holes *</p>
<p><b>15</b></p> <p>K-5 Cinnamon Toast Crunch Cereal* Kit</p> <p>6-12 Muffins*</p>	<p><b>16</b></p> <p>K-5 Chocolate Muffin* &amp; String Cheese Kit</p> <p>6-12 Frudels*</p>	<p><b>17</b></p> <p>K-5 Choco Chip UBR* Kit</p> <p>6-12 Breakfast Sandwich*</p>	<p><b>18</b></p> <p>K-12 Cinni Mini Pull Apart*</p>	<p><b>19</b></p> <p>K-5 Lucky Charms Cereal* Kit</p> <p>6-12 UBR *</p>
<p><b>22</b></p> <p>K-5 Cinnamon Toast Crunch Cereal* Kit</p> <p>6-12 Muffins*</p>	<p><b>23</b></p> <p>K-5 Blueberry Muffin* &amp; String Cheese Kit</p> <p>6-12 Benefit Bars*</p>	<p><b>24</b></p> <p>K-5 Cook's Choice Muffin* Kit</p> <p>6-12 UBR*</p>	<p><b>25</b></p> <p>K-12 Cinni Mini Pull Apart*</p>	<p><b>26</b></p> <p>K-5 Cook's Choice Cereal* Kit</p> <p>6-12 Donut Holes *</p>
<p><b>29</b></p> <p>No School Memorial Day</p>	<p><b>30</b></p> <p>K-5 Cook's Choice Cereal* Kit</p> <p>6-12 UBR*</p>	<p><b>31</b></p> <p>K-5 UBR* Kit</p> <p>6-12 Muffins*</p>	<p><i>Did you know?</i></p> <p>The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world.</p>	

**Breakfast is FREE to all JLAS students!**

(when a full breakfast is taken which must include a ½ cup serving of fruit or juice.)

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**K-5 Grade:**  
Breakfast in the Classroom is free to all students when a “full breakfast” is taken.

A full breakfast is a “Breakfast kit” that includes the menu’d breakfast entree and 100% fruit juice. Additional fruit and one milk are offered as part of the full breakfast.

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**6-12 Grade:**  
6-12 Students pick up breakfast in the High School Cafeteria and eat in the classrooms.

Additional entrees, milk and a selection of fruit are offered daily.

\*\*\*\*\*REMINDER\*\*\*\*\*

Breakfast is not offered when school start times are delayed (example: 2 hour delay).

\*Whole Grain Rich